

**Brief Note: ‘Tandurusti Hazar Niyamat’ project for Adolescent boys of Government Schools/Colleges (Fy-2018-19)**

- In support of Rastriya Kishore Swasthaya Karyakram (RKSK), NHM program, SIFPSA planned to conduct ‘Tandrusti Hazar Niyamat’ health awareness workshops for adolescent boys of government/ government aided high schools or inter colleges
- In Uttar Pradesh many early marriages and early child bearing are taking place. It is reported by NFHS-IV data (2015-16) that 28.6 % men are getting married before age 21 years (%). There are 23.5% adolescents in UP population of which 48% are thin and weak. 31.5% boys are anaemic.
- In these workshops, boys are oriented on health, hygiene, age at marriage, male responsibility in family planning, drug abuse and other health issues through infotainment.
- 2 counsellors one male and one female from each district were trained on statelevel who conduct the workshops in colleges. Trainers mostly are ARSH counsellor and FP counsellors recommended by CMOs.
- All standard workshop material was provided to counsellors and Div. PMUs. Material included program guideline, workshop agenda, standard presentations, video spots, feedback formats, nukkad natak script, troupe list, placards etc.
- Div.PMUs were provided workshop budget, guidelines, poster, banner design for printing. Div. PMUs in coordination with DIOs for selecting schools and fixed dates for workshops.
- 5 government or Aided boys’ schools were taken and boys of class 8th to 12<sup>th</sup> were called for workshops. 5 workshops per district are conducted. In all 375 boys colleges were covered till November 2019.





- Workshop have informative presentation, and interactive sessions with AV spots on family planning and other health issues, Kabbadi game having infotainment, Nukkar natak with health information.



- Feedback on program and RSKS services is also collected from school Principal and teachers for future use.
- In future, such programme are planned to be scaled up through NHM.